**General dentistry**

Basic guidance for need of general dentistry

General dentistry is your first line defence against any dental or oral problem. General dentistry covers a vast number of treatments which ensure that you do not have to go to a specialist, if things are controlled in time. It comprises of treatments to achieve good oral health in the long run and also covers basic screening and regular checkups coupled with regular cleaning and polishing from time to time and takes care of any disease that may be building up in your teeth or gums.

What is treatment plan, X-rays etc.

At your first visit, your dentist will give you a complete check up of your teeth, gums and adjoining areas. This check up is mostly backup with some X-rays that will show what is deep inside. Usually the checkup X-rays are recommended every 2 years in healthy individuals but this time period of X-ray may be reduced in case of high-risk patients.

After your first checkup, your dentist will form a plan after analysing all the teeth and gums and comparing them with your xrays, if taken. The dentist will discuss in detail about the positives and about the negatives if any about your oral health. A detailed plan will be laid out for the patients for any/all the things that need to be done and an estimate of prices. This process is very honest and transparent. Most of the time we are very happy to tell the patient that all is well and the patient only needs regular checkup and cleaning. After discussing your treatment plan with the dentist, you can plan you dentist visits well in time for any treatment required. Any questions are always welcome.

Why is this important for regular 6 month check up

Many people visit a dentist only after an episode of pain. In case of any pain or swelling, taking medicines only relieves pain and is a temporary measure. Leaving a problem untreated might lead to future complications. Ignoring the visit to dentist can increase chances of loosing the tooth which is completely preventable.

Most of the times, any disease that has not established itself in the mouth is easily treatable. Visiting your dentist on a regular basis, preferably every 6 months, helps to prevent any disease from establishing and causing any hurt or pain. A 6 monthly regular check up will help the dentist to keep everything in check, look for any and keep your teeth in perfect shape and maintains your perfect smile.

A regular visit to dentist keeps everything in order and gives command in patients hand so that they can plan and start the required treatment if any at an earlier date. ‘No pain- no problem’ is a misconception with regards to teeth and might not be true most of the times.

Not sure about your oral health. No problem. Book an appointment with us either online or on phone for a free checkup and treatment plan.

Link for booking now/querie